

JONESPORT-BEALS HIGH SCHOOL

January 2026 menu

Monday	Tuesday	Wednesday	Thursday	Friday
5 Cereal & Toast Beefy Pasta Veggies Fruit Roll	6 Breakfast Sandwich CB Grilled Cheese Potato Wedges Fruit	7 Cereal & Toast Tomato Soup Grilled Cheese Fruit	8 Bagel Tuna Casserole Muffin Fruit	9 Donuts Turkey BLT Croissant Chips Yogurt w/Fruit
12 Cereal & Toast Sausage Rice Casserole Veggies Roll Fruit	13 Belgium Waffle Chicken Nuggets Loaded Mash Veggies Fruit	14 Cereal & Toast Walking Tacos Rice Fruit	15 Breakfast Pizza Royal Burger Falcon Fries Fruit	16 Cereal & Toast Ribique Sandwich Baked Potato Veggies Fruit
19 NO SCHOOL	20 Cheese Omelette Buttered Noodles Sausage Patty Roll Veggies Fruit	21 Cereal & Toast Spaghetti Side Salad Breadstick	22 Pancakes Chicken Bacon Ranch Casserole Roll Veggies Fruit	23 Cereal & Toast English Muffin Pizza Side Salad Fruit
26 Breakfast Pizza Ham Italian Chips Fruit	27 French Toast Shells & Cheese Uncrustable Veggie Fruit	28 Cereal & Toast Breadsticks & Meat Sauce Veggies & Dip Fruit	29 Breakfast Sandwich Chicken Noodle Soup Crackers Cheesestick Fruit	30 Cereal & Toast Corndog Baked Beans Corn on the Cob Fruit

Milk will be offered every day for breakfast and lunch.

Every meal will have the state requirements for fruit & vegetables.

State of Maine and USDA is an equal opportunity provider & employer.

Menu subject to change without notice.