JONESPORT-BEALS HIGH SCHOOL

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal & Toast Spaghetti & Meatballs Garlic Bread Fruit	3 Bagel Dots Turkey BLT Croissant Chips Yogurt & Fruit	4 Cereal & Toast Pizza Cheese Crunchers Side Salad Fruit	5 Danish Mac & Cheese Bowl w/ Pulled Pork Fruit	6 Breakfast Sandwich Tomato Soup Grilled Cheese Fruit
9 Cereal & Toast Ramen Noodles Veggie Roll Fruit	10 Muffin Bites Breadstick Meatsauce Side Salad Fruit	11 VETERANS DAY	12 Breakfast Pizza Chicken Bacon Ranch Casserole Roll Veggie Fruit	13 Cereal & Toast Fish Chowder Crackers Cheese Biscuit Fruit
16 Sausage Waffle Corndog Smiley Fries Yogurt & Fruit	17 Sausage Flapstick Walking Tacos Rice Fruit	18 Bagel & Cream Cheese Bacon Cheeseburger Hashbrown Fruit	19 Pancakes Thanksgiving Lunch Dessert	20 Cereal & Toast Ham Italian Pretzel & Cheese Veggie Fruit
23 Cereal & Toast Chicken Patty Waffle Fries Fruit	24 Breakfast Bars Chicken Noodle Soup Uncrustable Fruit	25 THANKSGIVING	26 BREAK	27
30 Muffin Chicken Parmesan Sandwich Fries Fruit				

Milk will be offered every day for breakfast and lunch. **Every meal will have the state requirements for fruit & vegetables.**

State of Maine and USDA is an equal opportunity provider & employer. **Menu subject to change without notice.**