

Jonesport-Beals High School

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day NO SCHOOL	2 Cereal & Toast BLT Turkey Sub Chips Fruit	3 Breakfast Pizza Cheeseburger Pasta Salad Fruit	4 Cereal & Toast Shells & Cheese Uncrustable Vegetable Fruit	5 Breakfast Sandwich Chicken Nuggets Mash Potato Vegetable Fruit
8 Sausage Flapstick Meatball Sub Chips Fruit	9 Cereal & Toast Popcorn Chicken Bowl Biscuit Fruit	10 Danish Salad Bar Fruit	11 Cereal & Toast Ribique Sandwich Baked Potato Fruit	12 Bagel Salad Bar Fruit
15 French Toast Breadstick w/Meat Sauce Yogurt Parfait	16 Cereal & Toast Pizza Veggies & Dip Fruit	17 Breakfast Burrito Tomato Soup Grilled Cheese Fruit	18 Donuts Walking Tacos Fruit	19 Waffles Crispy Chicken Patty Pickle Chips Fruit
22 Cereal & Toast Hot Turkey Sandwich Mash & Gravy Cranberry Sauce	23 Muffins Hotdog Chips Veggies & Dip Fruit	24 Cheese Omelette Sausage Rice Casserole Roll Fruit	25 Cereal & Toast Chicken Parmesan Sub Hashbrown Fruit	26 Pancakes & Bacon Wings Emoji Fries Celery Sticks & Dip Fruit
29 Cereal & Toast Chicken Finger Sub Chips Fruit	30 Breakfast Pizza Pulled Pork Sandwich Beans Fruit			

Milk will be offered every day for breakfast and lunch.

Every meal will have the state requirements for fruit & vegetables.

State of Maine and USDA is an equal opportunity provider & employer.

Menu subject to change without notice.